



LIFE, CAREER, & EXECUTIVE COACHING

Congratulations on wanting to improve your life and your future, and for your willingness to invest in yourself!

YOU ARE WORTH IT!

What would it be worth to you to overcome the hurdles you face and to achieve your dreams? How long would receiving encouragement, support, challenge, accountability, motivation, and information be helpful to produce results and achieve your dreams? Use your responses to determine which package is right for you.

Horizon Package (6-month package)

- 1 Hour Discovery Session to explore your coaching needs and create a plan for the work we'll do together
- 24 hours of coaching (used within a 24-week period)
- Coach check-ins with client occasionally between coaching sessions
- Gift(s) mailed to client
- Contact to discuss fee options.

Vision Package (3-month package)

- 1 Hour Discovery Session to explore your coaching needs and create a plan for the work we'll do together
- 12 hours of coaching (used within a 12-week period)
- Coach check-ins with client occasionally between coaching sessions
- Gift mailed to client
- Contact to discuss fee options.

Grounded Package (3-month Package)

- 1 Hour Discovery Session to explore your coaching needs and determine if we are a good fit to work together.
- 6 hours of coaching used within a three-month period **OR** in 1 day for clarity & strategy
- Coach check-ins with client occasionally between coaching sessions
- Contact to discuss fee options.

Clarity Package (4-week package)

- 1 Hour Discovery Session to explore your coaching needs and determine if we are a good fit to work together
- 4 hours of coaching used within 4 weeks for accountability **OR** in 1 morning or afternoon
- Contact to discuss fee options.

Nik-of-Time Coaching (single session)

- Helps with motivation or clarity around a specific or time sensitive challenge
- Contact to discuss fee options.

Coaching packages are non-refundable. I commit to being present with you and to bringing my best high-flame coaching to our work together. You commit to being coachable and wanting more from your life. We commit to being honest with one another and not holding anything back. You will have access to me via email, text, and Facebook Messenger between coaching sessions. While I cannot guarantee success, I do guarantee that you will get out of this experience at least as much as you put into it.

Payments can be made via Venmo (client incurs a fee of 3%) or check/cash (received by the first scheduled appointment of the month with no additional fee). Any fees charged for insufficient funds will be forwarded to the client. Payment must be made for coaching sessions to occur. No payment received means no coaching for the month until the payment is received.